



**Workshops at Barnsley
Recovery College**

**33 Gawber Road, S75 2AH
01226 730433**



**South West
Yorkshire Partnership**
NHS Foundation Trust

Drama Taster Session

**Weds 13 December 2023 10-12
Then the 10 week course starts
Thursday 11th Jan 2024**

Eating Disorders Workshop

Thursday 21 March 2024

1-4pm

**Introduction to Recovery
Workshop**

**Tuesday 16 Jan or
20 Feb 2024 1-4pm**

**Understanding Self-Harm
Workshop**

**Tues 30 Jan 2024 1-4pm
Thurs 14 March 2024 1-4pm**

**For Those That Give Too
Much Workshop**

**Weds 7 Feb 2024
10-1pm**

**Managing Change
Workshop**

Weds 31 Jan 2024 10-1pm

An Introduction to Volunteering Workshop

**17 Jan, 6 Feb or 5 March 2024
10-12 Noon**

