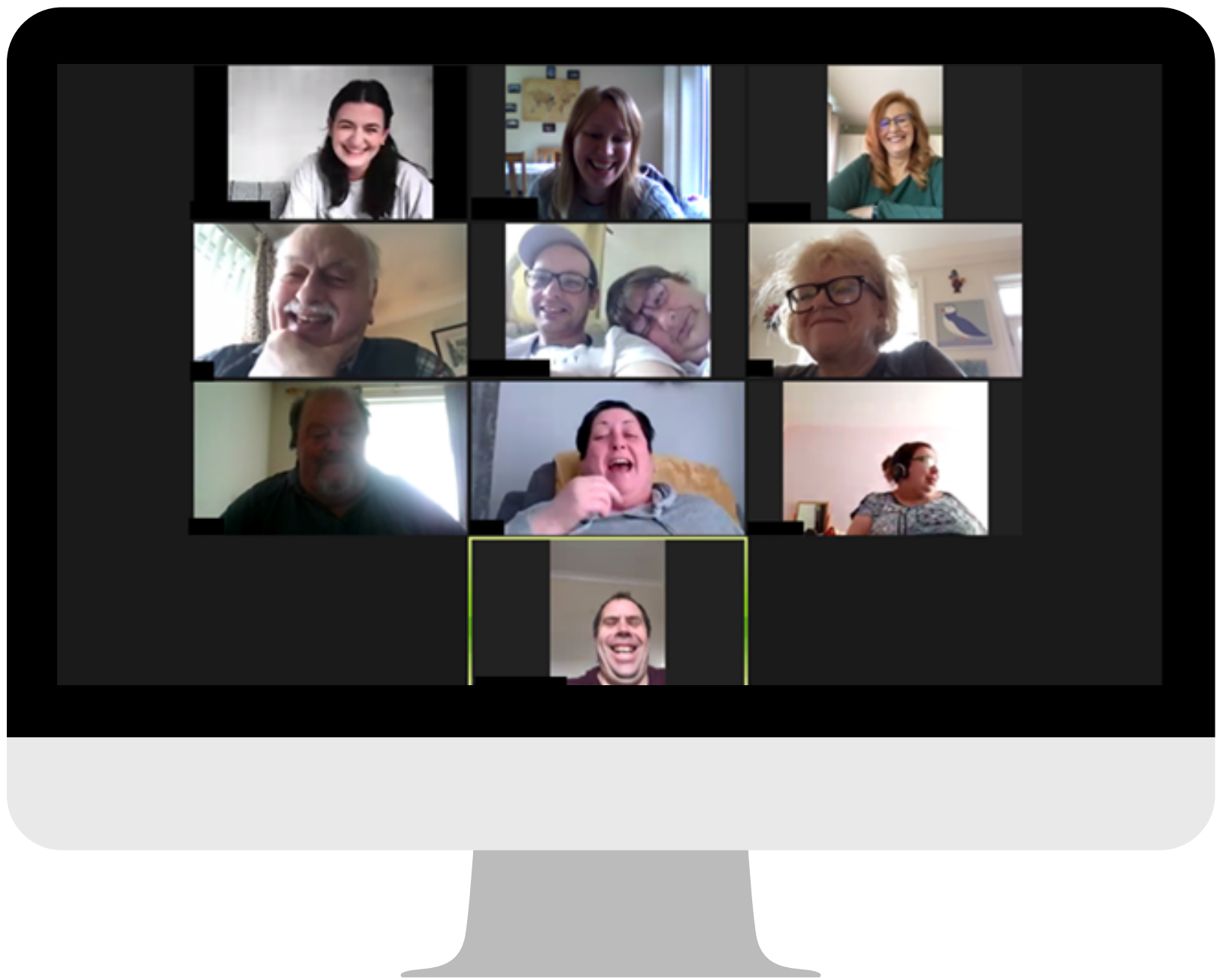


# Better Together

- disabled people supporting each other



Our new online support group is proving a great success!  
Local disabled people have connected, chatted, shared and laughed.



*"I felt so relaxed chatting and sharing with people just like me. Can't wait until next week."*

We've got a host of weekly sessions coming up including:

- Chatty Cafe
  - Get Those Bodies Moving
  - Reset Your Mind
- and much, much more

To find out how Better Together can help you learn new skills, make new friends or just have some fun, get in touch with Chantelle.

email: [chantelle.hubbard@dialbarnsley.org.uk](mailto:chantelle.hubbard@dialbarnsley.org.uk)  
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