

Barnsley Recovery and Wellbeing College

Newsletter



Winter Workshop Announcements!

Rag Wreath Workshop

Come along to the Recovery College and make your own seasonal wreath, using strips of fabric and decorated with winter embellishments.

Friday 28th November

10 – 1pm



Christmas Tree Book Folding

Come along and learn how the patient practice of "book folding" can transform a book into a wonderful Christmas Tree.

Wednesday 10th December

1.30 – 4pm



Christmas Card Craft

In this workshop we will create and decorate Christmas Cards, using recycled materials, using a range of techniques.

Wednesday 3rd December

1.30 – 3.30pm



Marvellous Mince Pies

Join us in the Recovery College kitchen for a workshop on mince pies, made many ways.

Friday 5th December

10 – 12pm

or 1 – 3pm



Secure Your Place, Call Julie on 01226 730 433

95% of people feel more satisfied with their lives after attending the College.