

FEEL GOOD FRIDAYS

Weekly Kickabout for Men (18+)

Frickley Park 3G, WF9 2EQ

Starts Friday 10th October 4 – 5 PM

Free until 12th December 2025

No pressure. Just football. Join a welcoming group of lads for a weekly kickabout designed to boost your mood, build confidence, and connect with others through the power of sport.

Whether you're here to play, chat, or just get moving – you're part of the team. Each session includes a fun match or activity, and new players are always welcome.

What You'll Need: Football boots or astro trainers (essential) Shin pads (optional)

Don't have the right footwear? Contact us before attending!

atf@wakefield.gov.uk or 07796 114342

Scan for more activities!



wakefieldcouncil