THIS MONTH

April 6th onwards: Empower Health and Wellbeing courses by Endorphins

Please contact Kerry for details at: kerry@endorphins.uk

### Thursday 7th April: Litter pick clean up Highstone Lane area.

10am-12pm. Tools and equipment included. Meet at Cromwell Mount.

Please contact Michelle for further details at:

michelletoone@barnsley.go.uk or call 01226 772069

April 9th: Barnsley Main Open Day from 10am-2pm- just turn up!

**April 11th for 16 weeks Green Social Prescribing Project** for young adults aged 16-25 with learning disabilities or mental

ill-health/ anxiety. Please contact: Fiona Hall/ Peter Hague at:

foundation@shawlane.com or
peter.hague1@nhs.net

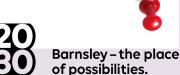
If you have any one off events for May or beyond, please get in touch with Sarah at:

sarahdavey@barnsley.gov.uk









**REOCURRING DATES:** 

#### Magical Mondays! **Children and Young People**

YMCA: 4.30-8.30pm- TYA Short Breaks (SEND). Referral needed. Contact YMCA

**Youth Association:** 1.00-2.30pm- activities for young people at Doncaster Road Park 6.00-7.30pm: activities for young people at Kendray

**Exodus Project**: 5.30-7.00- Bank End Kidz Club for 8-11's at Bank End Primary. 7.30-9.00- Rock Solid Club for 11-15s at Bank end Primary Contact Exodus Project for details- theexodusproject@msn.com

#### **Adults**

Age UK Men in Sheds: 10.00-3.30pm- Queens Road, Contact Tracy at T.hughes@ageukbarnsley.org.uk

Litter and Laughter: Litter pick, walk and food! Please contact Craig for details: craigaubrey@barnsley.gov.uk

Butterflies: 1.00-- 3.30pm: Music Afternoon for those with dementia and their families. Boatman's Rest. Contact Julie on 07545 815513

+ Once a month: :Lunch Club: Boatman's Rest- booking required

Buckley Methodist Ladies Group: 1.30pm at Buckley Methodist Church

**Our Place**: 2.30-3.30pm: For those with mild to moderate earning disabilities to meet friends whilst doing fun activities. Contact Kerrie to book on 07751 922635

Creative Recovery: 4.00-6.00pm- Forum for Arts and related topics- share your ideas and support each other. Contact Helen on 07833 936019

Andy Man's Club: 7.00pm It's OK to Talk- peer support group at the Lightbox Library from

7.00pm

Central Area Council

Central, Dodworth, Kingstone, Stairfoot, Worsbrough





Barnsley - the place

**REOCURRING DATES:** 

### Terrific Tuesdays!

**Children and Young People** 

YMCA: 4.30-7.30pm: detached youth work Dodworth and Gilroyd

Exodus project: 5.30-7.00pm: Worsbrough Common Kidz Club at St. Luke's Church, Highstone Road 5.30-7.00pm: Town Kidz Club at St. George's Church, York Street 7.30-9.00pm: Worsbrough Common Rock Solid Club for 11-15's Contact for details: theexodusproject@msn.com

### Adults

**Our Place**:9.00-6.00pm: for those with mild to moderate learning disabilities to make friends and have fun! Contact Kerrie to book on 07751922635

**Age UK Men in Sheds**,- 10.00-3.30pm, Queens Road. Contact Tracy: T.Hughes@ageukbarnsley.org.uk

**Stepping Stones Micro-volunteering Project**:11.00-2.00pm. Contact Sarah on 07979323152

**Hope House Community Cafe, Blucher Street:** 9.00-2.00pm: quality refreshments at a low cost in a friendly environment!

**Refugee, Migrant and Asylum Seekers Men's Group:** 12.00-2.00pm, BCVS building, Queens Road. Contact Chrissie on christina.grant@refugeecouncil.org.uk

**Creative Recovery**: 11.30-2.30pm: Tutor led art studio drop in at Temperance House. Contact Hayley on 07885900257

**Worsbrough Shedders**: 11.00-4.00pm: practical woodworking sessions for men aimed at improving wellbeing. Contact Philip on 07581560285







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of possibilities.



**REOCURRING DATES:** 



### Winning Wednesdays!

#### **Children and Young People**

**YMCA:** Y Stay In? 13-19's. Open access, but need to book. Waiting list. Contact info@ymcabarnsley.org.uk

#### Adults

**Refugee, Migrant and Asylum Seekers Women's Group:** 10am-12pm. Hope House Cafe, Blucher Street, S70 1AP. Please contact Chrissie at Christina.grant@refugeecouncil.org.uk

**Conversation for Health Class for those new to the UK**: 12.30-2.30pm. BCVS building, 23 Queens Road, S71 1AN. Contact Claire to book- claire.langley@refugeecouncil.org.ukt

**Coffee and Craft at the Pavilion i**n Worsbrough for women aged 18+. 11.00-2.00pm. Contact Michelle for details: michelletoone@barnsley.gov.uk

**Worsbrough Community Pantry**:: 11.30am-1.30pm. Please contact Michelle at michelletoone@barnsley.gov.uk

Hope House Community Cafe, Blucher Street: 9.00-2.00pm: quality refreshments at a low cost in a friendly environment!

Age UK: Men in Sheds, Queens Road. 10.00am-3.30pm. Contact Tracy on T.hughes@ageukbarnsley.org.uk

Worsbrough Men in Sheds (all ages). 11.00am-4.00pm. Contact Philip for details on:: 07581560285

**Creative Recovery and Lightbox Library:** reading Together favourite texts, poetry, scripts. Contact Hayley on 07885900257

Creative Recovery: Live Arts Cafe at Digital Media Centre. 5.30pm-8.00pm. No need to book.

**Our Place:** 11.30am-8.30pm- social activities for adults with mild to moderate learning disabilities. Please contact Kerrie to book on 07751922635

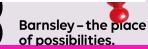
**Reds in the Community**: Let's t Talk All Things Tarn 6.00-7.30pm. Oakwell Stadium..Email for details at community@barnsleyfc.co.uk











**REOCURRING DATES:** 

### **Thrilling Thursdays!**

#### **Children and Young People**

**YMCA: 5.00-6.00pm: Little Y**: positive activities for children aged 5-8. Open access, but pre-booking required. Please contact: info@ymcabarnsley.org.uk

6.30-8.00: 8-14's. Open access, but need to pre-book

### Adults

Hope Connects Little Chimps Family Support: am. Please contact Rachel at: rachel@hopeconnects.org.uk for info.

**Coffee, Cake and Confidence**: Please contact Sarah to book on: 07979 323152

**Butterflies:11.00**: for those with dementia and their families- Thursday Friendship Walk. Meet at Locke Park at Locke Park car park. Contact Julie for details on:: 07545 815513

:Hope House Community Cafe, Blucher Street: 9.00-2.00pm: quality refreshments at a low cost in a friendly environment!

**Age UK: Men in Sheds**, Queens Road. 10.00am-3.30pm. Contact Tracy on T.hughes@ageukbarnsley.org.uk

**Our Place:** 6.00-9.00 pm- social activities for adults with mild to moderate learning disabilities. Please contact Kerrie to book on :

07751 922635









**REOCURRING DATES:** 

### **Fun Fridays!**

#### **Children and Young People**

Hope Connects Cheeky Monkeys: 10am-12pm Hope House Church, Blucher Street, S70 1AP

### Adults

Age UK: Coffee Morning, Ebenezer Church, Stairfoot from 9.30-11.30am

**Coffee and Conversation** 1.00-3.00pm at Worsbrough Sports Development Association for over 50's

Butterflies:1.30pm-4.30pm: Tea Dance, East Dene Club. Please contact Julie for details:: 07545 815513

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**REOCURRING DATES:** 

### **Sizzling Saturdays!**

### Adults

**Our Place:**: social activities for adults with mild to moderate learning disabilities. Please contact Kerrie on;

07751 922635









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