



**Barnsley**  
CARERS SERVICE

# Group Timetable

Name of Group	Day Group Runs	Time Group Runs	Location of Group	Which staff member to contact regarding the group
Coffee & Chat Group	Third Wednesday of every month from 15 <sup>th</sup> September	10:30 – 11:30	Zoom group	Adele Lacy Adele.lacy@makingspace.co.uk
Coffee & Craft Group	First Wednesday of every month from 1 <sup>st</sup> September	10:30 – 11:30	Zoom group	Adele Lacy Adele.lacy@makingspace.co.uk
Park Life	Wednesdays	13:30 - 15:30	Dearne Valley 29/09/21 Locke Park 27/10/21 Cawthorne 24/11/21 Elsecar 15/12/21	Adele Lacy Adele.lacy@makingspace.co.uk
Coffee & Chat Group	First Thursday of every month from 9 <sup>th</sup> September	10:30	Rigby Café at the Metrodome S71 1AN	Julia Goddard Julia.goddard@makingspace.co.uk
Male Carer Support Group	16 <sup>th</sup> & 30 <sup>th</sup> September 14 <sup>th</sup> & 28 <sup>th</sup> October 11 <sup>th</sup> & 25 <sup>th</sup> November 9 <sup>th</sup> December	10:00 - 12:00	Priory Campus Pontefract Road Lundwood S71 5PN	Gemma Newstead 07970 184254 gemma.newstead@makingspace.co.uk
Male Carers Bowling Group	9 <sup>th</sup> & 23 <sup>rd</sup> September 7 <sup>th</sup> & 21 <sup>st</sup> October 4 <sup>th</sup> & 18 <sup>th</sup> November 2 <sup>nd</sup> & 16 <sup>th</sup> December	14:00 - 16:00	Barnsley Bowl Carlton Road S71 2AZ	Gemma Newstead 07970 184254 gemma.newstead@makingspace.co.uk
Yoga & Meditation Class	Every Wednesday from 22 <sup>nd</sup> September – 15 <sup>th</sup> December	13:30 – 15:00	YMCA 1 Blucher Street S70 1AP	Julia Goddard Julia.goddard@makingspace.co.uk
Painting in the park	Second Wednesday of every month from 8 <sup>th</sup> September	11:00	Locke Park Barnsley S70 6NF (Café at Locke park during winter months)	Julia Goddard Julia.goddard@makingspace.co.uk
WhatsApp Support Group	Mon - Fri	09:00-18:00	WhatsApp	Gemma Newstead 07970 184254