

Move More Sheffield

13th September
9.30am for a
10am start -2.30pm

Venue:
English Institute for Sport
Coleridge Rd,
Sheffield S9 5DA

Free - Keeping Healthy event for people with learning disabilities and autistic people who live in Sheffield, Rotherham, Doncaster, Barnsley and Bassetlaw.

Try activities and workshops on: Health Action Plans, Sexual Health and Screening, Cycling, Wheelchair Rugby, Football, Goalball and lots of other things.

To find out more or to book your place please contact Speakup: 07483 157293 or email: hayley@speakup.org.uk If you want to go, you need to book.



South Yorkshire and Bassetlaw
Integrated Care System

